Qualitative Data Analysis: Step-by-Step

Step 1 Multiple readings and making notes

- Conduct multiple close readings of interview transcripts (listen to audio/video recordings several times, too)
- 2. Make notes about your observations and reflections of the interviews themselves (write down any thoughts or comments that may be significant)
 - a. Content what was said
 - b. Language how it was said (metaphors, repetitions, etc.)
 - c. Tone way it was said (pauses, volume, body language, etc.)
- 3. Pay close attention to distinctive phrases and emotional responses
- Developing the information into a table or spreadsheet may be helpful for organization

Step 2 Transforming notes into Emergent Themes

- 1. At this point, work primarily with notes developed in Step 1. Do not begin Step 2 until detailed and comprehensive notes have been developed in Step 1
- 2. Develop themes from the notes that are at a higher level of abstraction from those notes
 - a. Level 1: Object tangible things
 - b. Level 2: Experience interpretation (shared experience may have same objects but different feelings for participants)
 - c. Level 3: Concept beliefs, values, patterns of thought (these ideas go beyond the reality of the experience to ideas and thoughts about it)

Step 3 Seeking relationships and clustering themes

- 1. At this point, work primarily with the themes developed in Step 2. Do not begin Step 3 until detailed and comprehensive work has been completed in Step 2
- 2. Look for connections between the emerging themes. Group them by conceptual similarities and give them a descriptive label
- 3. The result will likely be a list of major themes and sub-themes

NOTE: Some themes may be dropped because they do not fit into the conceptual structure or because there is little evidential support

Step 4 Writing the Narrative

- At this point, work primarily with the clustered themes and sub-themes developed in Step 3. Do not begin Step 4 until the conceptual work has been completed in Step 3.
- 2. Write a narrative about each theme/sub-theme in relation to how they answered the research questions
- 3. Be sure to liberally include illustrative quotes from participants that provide support for the themes/sub-themes. This practice retains the participants' voices and shows the themes/sub-themes' pertinence to the participants' experiences
- 4. Give contextual meaning to the themes through analytical statements

Source This guide developed from the article below. For more information, read the entire source.

 $\textbf{Pietkiewicz, I., \& Smith, J.A. (2014)}. \ \textbf{A practical guide to using Interpretative Phenomenological}$

Analysis in qualitative research psychology. Czasopismo Psychologiczne Psychological

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